



Breast cancer is the most common type of cancer among American women. Each year approximately 182,800 new cases of breast cancer are diagnosed, and 40,800 women die of the disease. The earlier breast cancer is detected, the better the survival rate. This is why annually scheduled mammograms are incredibly important. A mammogram is the best tool doctors have to detect breast changes in women who have no signs or symptoms of breast cancer.

In order to help you understand mammography, we've provided questions for you to ask your doctor. This should help you start a discussion about scheduling a mammogram. Remember that early detection is a woman's best protection!

Just ask!

1. Is there anything I should do to prepare for my mammogram?

2. What will the mammogram show?

3. Who receives my mammogram report? Can it also be sent to other doctors?

4. How long will it take to receive the mammography report?

5. What are the next steps if an abnormality is detected?

6. Will my insurance cover the mammogram? What about Medicare?

**Questions adapted from Susan G. Komen for the Cure www.komen.org*